

# **NATIONAL HEALTH EDUCATION WEEK 2006**

**October 16-20, 2006**

**Healthy Kids:  
Creating Safe Communities and Schools**

***Grades K-2***



**National Center for Health Education  
375 Hudson Street  
New York, NY 10014**

**Web: [www.nche.org](http://www.nche.org)  
E-mail: [nche@nche.org](mailto:nche@nche.org)**

**Phone: 212-463-4053**

**Fax: 212-463-4060**

## **Grades K-2 Lesson Plan**

### **Objectives**

1. Identify personal information necessary in calling for help.
2. Discuss and practice recommended procedures for requesting emergency assistance.
3. Discuss and practice recommended procedures for reporting fires.

### **Materials Needed**

- *All About Me* worksheet (one per student)
- *Reporting Accidents and Fires* worksheet (one per student)
- Plastic telephones
- Pencils

### **Things To Do Before**

- Photo-copy the two worksheets such that there are enough for the entire class
- If plastic telephones are not available, create “makeshift” phones using a piece of long string (approximately 2-3 feet in length). One end of the string should be taped to the bottom of a paper cup. Tape the other end of the string to the bottom of a second paper cup. One student can “speak” into one cup as another student holds the other end to “listen”.

### **Language Development**

**accident** - an event that takes place by chance or from unknown causes

**emergency** – an urgent need for help

**poison** – a substance that is harmful to your body

### **Activities**

1. Distribute the *All About Me* worksheet and have each student complete it by writing in his or her address next to the letter, telephone number next to the phone, and birth date next to the cake. Divide students into pairs and have the pairs practice telling each other the information on the worksheet.
2. Distribute the *Reporting Accidents and Fires* worksheet. Show students how to use recommended telephone procedures for reporting all the necessary information when requesting emergency assistance.

- a. Demonstrate a call for emergency help, using the *Reporting Accidents and Fires* worksheet as a guide. Speak slowly and clearly.
- b. Allow students to take turns practicing. Emphasize the importance of speaking clearly and staying on the line until the person they have called hangs up.

*Note: This is a good opportunity to emphasize the importance of dialing emergency numbers only in the case of a true emergency. False alarms are DANGEROUS and against the law!*

- c. Talk with students about where to go to report a fire if there is a fire in his or her home.
- d. Have the students practice the procedures. If they have not yet memorized the necessary information, they should refer to their *All About Me* worksheets.
- e. Have the students take home the *Reporting Accidents and Fires* worksheet to review with family members and post near the telephone.

## ALL ABOUT ME Worksheet

Name \_\_\_\_\_



My address is:

---

---

---

---

My telephone number is:

---



My birth date is:

---



## REPORTING ACCIDENTS AND FIRES Worksheet

Name \_\_\_\_\_

### **I: To report a poisoning or injury that has occurred at your house:**

1. Dial the emergency number: \_\_\_\_\_

2. When someone answers, say:

A. "Hello, my name is \_\_\_\_\_. I am \_\_\_\_\_ years old."

B. "I would like to report a (poisoning, person hurt) at (student's home address) \_\_\_\_\_.  
Please send help."

C. Keep holding the telephone receiver to your ear until the person you are talking to hangs up.

### **II: To report a fire:**

1. Dial the emergency number: \_\_\_\_\_

2. When someone answers, say:

A. "Hello, my name is \_\_\_\_\_. I am \_\_\_\_\_ years old."

B. "I would like to report a fire at (address or cross-street) \_\_\_\_\_.  
The phone number here is: (student gives his/her own telephone number) \_\_\_\_\_.  
Please send help."

C. Keep holding the telephone receiver to your ear until the person you are talking to hangs up.